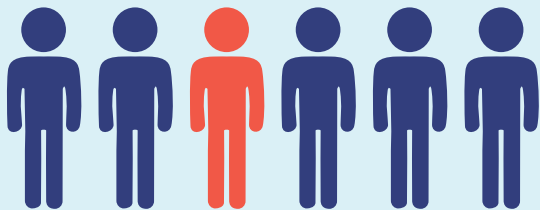


**MAY IS ASTHMA AWARENESS MONTH**

# Asthma Free DC: Taking Control of Your Asthma

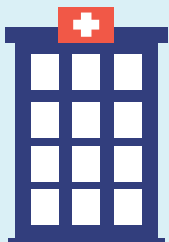
**THE IMPACT OF ASTHMA IN DC**



**1 in 6 DC residents  
has asthma.<sup>1</sup>**

**Asthma affects  
all communities  
in the District.**

**Asthma rates  
are highest in  
Wards 5, 7 and 8.<sup>2</sup>**



**Asthma causes over 3,000 days  
of hospitalization in DC annually.<sup>2</sup>**

**DC residents are hospitalized more often for asthma  
compared with the rest of the country.**



**On average, DC adults  
miss 5 days of work  
each year because of  
asthma.<sup>4</sup>**



**On average, DC children  
miss 8 days of school  
each year because of  
asthma.<sup>3</sup>**

References: [1] Behavioral Risk Factor Surveillance System (BRFSS), CDC 2012. [2] District of Columbia Community Health Needs Assessment, Vol 2. DC Department of Health 2013. [3] "Condition of Education," NCES, U.S. Department of Education 2001. [4] CDC "VitalSigns" May 2011.



**DCASTHMA Coalition**  
Lifting the Asthma Burden

**World Asthma Day and Asthma Awareness Month activity partners are:**  
Asthma and Allergy Foundation of America · Breathe DC · Children's National Medical Center · Clean Air Partners · Health Services for Children with Special Needs · IMPACT DC · Medstar Family Choice · Trusted Health Plan United Medical Center

**For more information on the activities, visit [asthmafreedc.org](http://asthmafreedc.org)**

This poster was funded by Breathe DC.